



## The Sea School

[www.bluepeteraustralia.com](http://www.bluepeteraustralia.com)

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## Adventure therapy expeditions

We offer a partnership approach, where case management responsibilities in your organisation may require training, resourcing or support in the delivery of adventure therapy expeditions.

We utilise the bush, riverine and marine environments for therapeutic focused programs in winter months, which are good for challenging yet achievable expeditions that can culminate in sailing with the whales in spring.

By working closely with your therapists, the participants and other significant people, we can design, conduct and evaluate the best practice in sequenced adventure therapy expedition processes.

We offer facilitated journeys with camping, canoeing, bushwalking, sea kayaking, sailing, swimming and snorkelling activities for groups – which can be fun, active, engaging and social activities. They are also perfect for presenting challenges which can highlight our personal strengths and opportunities.



We provide:

- Experienced, qualified and caring facilitators, skippers, sea guides and trainers.
- Risk managed and supervised adventure programs under our insurance
- All safety, camping, cooking and expedition equipment required
- Shared planning, group formation and evaluation processes
- Expedition delivery with reference to case management plans

You provide:

- Ongoing case management and primary relationship responsibilities
- Staffing as appropriate for group needs
- Catering and food
- Shared planning, group formation and evaluation processes

Please refer to the website listed above for more information and our contact details.

